

# Calcium Plus wheat bread

## Ingredients:

Wheat flour (**gluten**), water, **milk**, sugar, palm oil, **wheat gluten**, salt, improver (**wheat flour (gluten)**), anti-caking agent: calcium carbonate, emulsifier: esters of mono- and di -acetyl-tartaric acid with mono- and diglycerides of fatty acids, flour improver: ascorbic acid, enzymes), yeast (*saccharomyces cerevisiae*, emulsifier: sorbitan monostearate, flour improver: ascorbic acid), preservative: calcium propionate, sodium diacetate, vitamin D3.  
May also contain traces of soya, sesame seeds and sulphur dioxide.

## Nutrition Declaration

	per 100g	per slice 40g	% RI* per slice
Energy	1079 KJ/254 Kcal	432 kJ/102 kcal	5%
Fat	0.9g	0.4g	<1%
of which saturates	0.1g	<0.1g	<1%
Carbohydrates	50.2g	20.1g	8%
of which sugars	2.9g	1.2g	1%
Fibre	2.1	0.8g	-
Protein	10.4g	4.2g	8%
Salt	1.20g	0.48g	8%

\*RI=Reference intake of an average adult (8400kJ/2000kcal)

## Additional nutritional information

Vitamins & Minerals	Recommended Dietary Allowance	per 100 (g)	portion(g) 40g	%NRV per portion 40g
D (µg)	5	3.13µg	1.25g	25%
Calcium (mg)	800	300mg	120mg	15%

\*NRV: Nutrient Reference Values